

# WHICH COACH IS RIGHT FOR MY CLUB??



## LOOK FOR COACHES WHO:

- » Adopt a guiding role and make it all about the player
- » Work on having positive relationships with everyone
- » Take an active role in shaping a great environment for learning
- » Endeavour to use activities that are fun
- » Make every effort to keep players safe
- » Aspire to improve their coaching

## OTHER THINGS TO KEEP IN MIND:

- » They don't need to have been or currently be a superstar player
- » They don't need to know EVERYTHING about Rugby League
- » They must be aware of any possible barriers such as health & hygiene, foul & abusive language/conduct and anything else others may find offensive
- » Will they coach ALL the players equally or just the best players?
- » Do they value winning above the development of all the players equally?

## STATS (3 clubs from the same JRL Group within CRL):

- » Club A Coach Accreditation Compliance = 50%
  - o 2017 to 2018 Player Retention = 64.15%
- » Club B Coach Accreditation Compliance = 57.14%
  - o 2018 to 2019 Player Retention = 59.09%
- » Club C Coach Accreditation Compliance = 100%
  - o 2019 to 2020 Player Retention = 83.78%

## WILL THE COACH CREATE THIS ENVIRONMENT FOR YOUR PLAYERS??



### Friendship

Coaches should work on building respectful relationships



### Activity

Players should engage in high amounts of deliberate play



### Feedback

This should be related to a player's effort and improvement



### Coaching

Low level of coach intervention and high level of player input



### Skills

Focus on fundamental movement skills and sport specific skills



### Sampling

Players should be allowed to engage in a variety of experiences within the game



### Mistakes

Players are encouraged to learn from mistakes and not punished



### Time

Players need time to develop and build a base before complex skills



It's not just WHAT you coach, it's HOW you coach

